

#MakeAVaccinePlan: Parents

Here is how you and your family can prepare to get your COVID-19 vaccines when they are available to you.



- **Find out when each member of your family is eligible** for their vaccine, since individual members may be eligible at different times, at Mass DPH (www.mass.gov/info-details/massachusetts-covid-19-vaccination-phases).
- **Talk to your employer** to see if your workplace has resources or expectations about COVID-19 vaccination.
- **Review the age minimum restrictions** for each type of vaccine as they become available; some vaccines are approved for use in older teens.
- **Choose on a secure place to store your vaccination card** and remind yourself of your second appointment, if necessary.
- **Talk to your children** about the importance of maintaining physical distancing, responsible mask wearing, and hand hygiene even as vaccines are being administered, especially for young children who are not yet eligible for the vaccine.

LEARN MORE ABOUT THE VACCINE AT:

Greater Lowell Health Alliance: greaterlowellhealthalliance.org/covid-19

Lowell Community Health Center: lchealth.org/patients/covid-19-updates

CDC: cdc.gov/coronavirus/2019-ncov/vaccines/faq.html

MA DPH: mass.gov/info-details/covid-19-updates-and-information# covid-19-vaccine-

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#ThisIsMyWhy

*Source: CDC | Rev. 2/4/21